

One Step at a Time

A PILGRIM'S GUIDE TO SPIRIT-LED LIVING

Timothy C. Geoffrion
John Ackerman, Foreword

Size: 6" x 9"

AL369

(Available Fall 2008)

Paperback: \$18.00

ISBN 978-1-56699-369-2

ABOUT the AUTHOR Timothy C. Geoffrion

is cofounder and president of Faith, Hope and Love Global Ministries (www.fhlglobal.org). A teacher, spiritual life coach, and consultant, Tim has also served as a pastor, seminary professor, and nonprofit executive director. His previous publications include *The Spirit-Led Leader: Nine Leadership Practices* and *Soul Principles* (Alban Institute, 2005).

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"In this fine book, Timothy Geoffrion calls us all to be spiritual pilgrims whether we leave home or not. He suggests practical steps we can take as we engage the lifelong process of seeking an ever-deepening connection with God." — Jane E. Vennard, author of *A Praying Congregation: The Art of Teaching Spiritual Practice*

One Step at a Time A Pilgrim's Guide to Spirit-Led Living

By Timothy C. Geoffrion

Each year, tens of thousands of pilgrims walk *el Camino de Santiago*—the Way of St. James—a 500-mile route across northern Spain that has existed for over a thousand years. Tim Geoffrion, author of *The Spirit-Led Leader*, made this pilgrimage with his wife and teenage sons in 2006. He writes in *One Step at a Time* not about his own journey but about how God works in those who seek to be led by the Spirit. Using pilgrimage as a metaphor for the Spirit-led life, he offers his experiences, thoughts, and reflections as a catalyst for readers' own spiritual pilgrimage—the lifelong journey of growth into the life Christ intends for us. Geoffrion has written so that readers can learn to recognize God's activity in our lives, to live more fully in God's love, to follow Jesus Christ according to our unique calling and purpose, and to let the Holy Spirit fill and lead us in every aspect of the journey.

One Step at a Time is for those who value spiritual vitality and growth enough to learn how to live Spirit-led lives. It is for those willing to invest sufficient time and energy into seeking and finding the spiritual treasures available to us. It is for those who are seeking to better root their lives in God and orient themselves around spiritual truths. Whether or not we ever travel a path like *El Camino*, we can each learn how to better walk our own spiritual pilgrimage, one step at a time.

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